Routine Vision Care Coverage and Eyewear Discounts  

The EyeMed Vision Care Network

Tufts Health Plan offers coverage for routine eye exams and other vision care services through the EyeMed Vision Care network of more than 22,000 private practice and optical retail locations.

EyeMed offers the freedom to choose a vision care provider from an extensive nationwide network of private practice optometrists, ophthalmologists, opticians, and well-known optical retailers, including:

- LensCrafters
- Sears Optical
- Target Optical
- JCPenney Optical
- most Pearle Vision locations

To receive coverage for routine eye exams, you must visit an optometrist or ophthalmologist in the EyeMed network.

To find a vision care provider or to determine if your existing eye doctor is in the EyeMed network, click on Doctor Search on the Members tab at tuftshealthplan.com. Under Find a Provider by Type, select Routine Eye Care.

Eyewear Discounts

As a Tufts Health Plan member, you and your plan dependents are eligible to receive discounts on vision correction and eyewear from EyeMed participating providers.

- Save 35% on the retail price of frames and receive discount pricing on lenses and lens options, with the purchase of a complete pair of eyeglasses.*
- Save 20% on the retail price of nonprescription sunglasses.
- Save 15% on the retail price (or 5% on the promotional price) of LASIK and PRK laser vision correction.**
- Visit www.eyemedcontacts.com to order replacement contact lenses at less than retail price. Have your contacts shipped directly to your home or office.***

* Discount program not available on select frame brands. Retail price may vary by location.

** EyeMed and LCA-Vision have arranged to provide this discount to all EyeMed Vision Care members through the U.S. Laser Network. Members are entitled to a 15% discount on the usual and customary fees for LASIK and PRK procedures or a 5% discount on any promotional pricing, whichever has the greater value. Because LASIK or PRK vision correction is an elective procedure performed by specially trained providers, the discounts may not always be available from a provider in your area. For a location near you and for the discount authorization, please call 1-877-5LASER6.

*** Members who receive a contact lens evaluation and fitting will be responsible for these charges, which are exempt from the discount.

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Register at tuftshealthplan.com and start using My Wellness Plan to manage your health and well-being.
About Your Vision Care Benefit

What is a Routine Eye Exam?
A routine eye exam may include some of the following covered services:

- A review of the history of your eyes and vision, along with your general medical history and history of medications
- A discussion of any specific vision problems you may have or reasons for your visit
- An examination of the inside and outside of your eyes and of the areas surrounding the eyes
- Measurement of the pressure in your eyes
- Dilation of your eyes: enlarging your pupils so that the eye doctor can examine the entire inside of your eyes
- Measurement of the sharpness of your vision close up and at a distance
- A test of your eyesight to determine a prescription for eyeglasses or whether you are a candidate for contact lenses
- A treatment plan and/or follow-up advice

Other vision care services
In addition to routine eye exams, covered vision care services include those used to diagnose, treat, or monitor medical eye diseases and conditions, such as glaucoma or diabetes, as well as any necessary periodic follow-up eye exams. Optometrists in the EyeMed network may provide some of these services. If you do need such services, ask your selected vision care provider how regularly you should be seen.

Non-routine eye examinations and services may require a referral for an ophthalmologist from your primary care provider, depending on your plan. Log in to My Wellness Plan to learn more about your benefit.

Learn more about your vision care coverage
To find out more about your coverage, log in to My Wellness Plan at tuftshealthplan.com. If you have additional questions, call EyeMed Vision Care at 1-866-504-5908.

Eye Care Practitioners

Optometrists (O.D.s) are specialists licensed to perform routine eye examinations and certain diagnostic and therapeutic eye care services, and to prescribe glasses or other corrective devices.

Ophthalmologists are physicians (M.D.s) who perform eye examinations, treat disease, perform surgical or other procedures, and prescribe glasses or other corrective devices.

Opticians dispense corrective eyewear materials, such as contact lenses, spectacle lenses, low vision aids, or ophthalmic prosthetics.