

# Heart Attack Symptoms in Men and Women: How Do They Differ?



## Heart Attack Symptoms:

- Dizziness or nausea
- Unexplained weakness
- “Flu-like” symptoms
- Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- Sense of impending doom
- Uncomfortable pressure or fullness in the chest



## Heart Attack Symptoms:

- Chest pain and a squeezing sensation that comes and goes
- Rapid heartbeat
- Stomach discomfort
- Shortness of breath
- Dizziness
- Breaking out in a cold sweat



For more information about heart disease and how to prevent it, please visit the American Heart Associations website at [www.heartorg/HEARTORG](http://www.heartorg/HEARTORG).