

National Nutrition Month® 2017

What's for Breakfast?

Word Search for Adults



Words may be horizontal, vertical, diagonal, or backwards.

1. Oatmeal
2. Veggie omelet
3. Bran flakes
4. Shredded wheat
5. Lowfat milk
6. Waffles
7. Canadian bacon
8. Fresh fruit
9. Yogurt parfait
10. Hard cooked eggs
11. Turkey sausage
12. Nut butter toast
13. Fruit smoothie
14. French toast
15. Cheesy grits
16. Oat bran muffin
17. Breakfast wrap
18. Bagel
19. Blueberry pancakes
20. Muesli

O	F	H	L	K	M	N	C	X	R	T	V	E	G	G	I	E	O	M	E	L	E	T	W
A	B	A	F	J	S	E	K	A	C	N	A	P	Y	R	R	E	B	E	U	L	B	P	X
T	U	R	K	E	Y	S	A	U	S	A	G	E	P	L	K	F	I	W	Z	T	M	N	C
B	M	D	E	R	T	F	K	L	M	N	F	R	E	N	C	H	T	O	A	S	T	R	V
R	L	C	K	A	B	R	C	Y	O	J	K	V	G	L	T	K	Z	X	B	T	V	Q	L
A	M	O	Q	F	K	G	V	R	C	A	D	S	L	O	M	N	V	I	L	S	E	U	M
N	Z	O	X	N	M	F	B	V	S	R	T	K	O	L	T	B	F	Y	B	A	L	T	R
M	V	K	R	T	N	D	A	G	H	I	J	M	K	A	L	A	M	N	S	O	T	V	L
U	S	E	L	F	F	A	W	S	R	C	S	L	E	Z	Q	G	V	N	H	T	P	X	C
F	X	D	R	H	C	V	M	G	T	T	N	H	P	A	B	E	T	O	N	R	L	K	G
F	N	E	L	T	W	R	Y	M	I	W	W	N	S	X	L	L	D	C	V	E	B	L	M
I	B	G	Q	S	R	S	L	U	V	D	R	D	J	F	K	V	B	A	W	T	C	I	N
N	T	G	L	N	E	B	R	C	E	B	S	A	R	D	W	Q	D	B	S	T	R	M	P
Y	L	S	M	E	Q	F	S	D	T	C	V	Q	P	J	L	M	T	N	R	U	X	T	Z
N	B	V	H	D	S	W	D	X	R	F	S	E	K	A	L	F	N	A	R	B	L	A	B
M	L	C	K	J	B	E	W	L	R	D	F	S	G	J	C	V	L	I	N	T	M	F	X
D	R	V	X	F	R	E	S	H	F	R	U	I	T	N	G	F	T	D	L	U	Z	W	R
F	L	N	M	H	C	P	D	W	L	K	J	S	D	C	V	X	Z	A	B	N	X	O	C
Y	P	Z	S	X	G	M	V	B	J	G	S	F	L	R	T	P	M	N	N	B	T	L	R
R	T	L	J	T	I	A	F	R	A	P	T	R	U	G	O	Y	K	A	X	C	V	W	T
Z	Q	V	P	R	N	K	G	Z	F	C	N	G	M	B	X	P	R	C	J	K	Y	B	L

Mail this form completed to Stephanie Boulay at Coastline Elderly Services, Inc. 1646 Purchase Street New Bedford, MA 02740 to receive a fabulous prize!

Your Name: _____

Your Address: _____